

Schedule: Saturday Sept 30, 2023 – Hardwood Cross				
Time		Age	Laps	approx. race time
8:00	Race Office Open			
8:00 – 9:15	Course open for pre-ride			
9:30	U15 Men and Women	8-14 yrs	3	40 min
	Sportif/Beginner Men and Women	17+ yrs	3	40 min
9:31	U13 Men and Women	8-14 yrs	3 short	40 min
10:00 – 10:25	Course open for pre-ride			
10:30	Master B Men	45-54 yrs	4	45 min
	Master C, D Men	55-64, 65+ yrs	4	45 min
10:40	Awards – U13, U15 Men and Women			
	Sportif Men and Women			
11:30 – 11:55	Course open for pre-ride			
12:00	Open Women, Junior Women	19-34 yrs	4	45 min
	U17 Women	15-18 yrs	3	40 min
	Master A, B Women	35-44, 45-54 yrs	3	40 min
	Master C, D Women	55-64, 65+ yrs	3	40 min
12:10	Awards – Master B, C, D Men			
12:55-1:25	Course open for pre-ride			
1:30	Open/Elite Men	19-34 yrs	6	60 min
	Junior Men	17-18 yrs	5	45 min
	U17 Men	15-16 yrs	4	40 min
	Master A Men	35-44 yrs	5	45 min
	SingleSpeed	17+ yrs	4	45 min
2:45	Awards – Women – Open/Elite, U17, Junior, Master A, B, C, D			
3:00	Awards – Open/Elite, U17, Junior, Master A Men, SingleSpeed			